



COMPREHENSIVE NEUROLOGY  
& SLEEP MEDICINE

172 Thomas Johnson Drive, Suite 100  
Frederick, MD 21702  
Office: 301-694-0900 Fax: 301-694-0657

1901 Research Boulevard, Suite 160 (sleep patients only)  
Rockville, MD 20850  
Office: 301-294-5509 Fax: 301-694-0657

**Konrad Bakker, M.D. • Navid Mostofi, M.D. • Sarah Layman, PA-C**

**PATIENT REFERRAL SHEET**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Referring Physician \_\_\_\_\_

Referring Physician Phone \_\_\_\_\_ Fax \_\_\_\_\_

**CONSULTATION**

**TESTS**

- EEG
- EMG / NCV
  - Right  Upper  Lower
  - Left  Upper  Lower
- Evoked Potentials

**SLEEP DISORDERS**

- Fatigue
- Insomnia
  - Cognitive Behavioral Therapy
- Narcolepsy / Daytime Sleepiness
- Restless Leg Syndrome
- Shift Work Sleep Disorder
- Sleep Apnea
- Snoring

**GENERAL NEUROLOGY**

- Balance Disturbance / Dizziness
- Carpal Tunnel
- Dementia / Memory Loss
- Epilepsy / Seizure / Syncope
- Headaches / Migraines
- Neuropathy / Pain
- Numbness
- Stroke / Stroke-Like Symptoms
- Tremors
- Other \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Referring Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

To schedule an appointment, please call our office at 301-694-0900  
Appointments can also be requested on our website  
[www.MyNeurologyPractice.com](http://www.MyNeurologyPractice.com)

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**You must bring this referral and your insurance information to your appointment.**

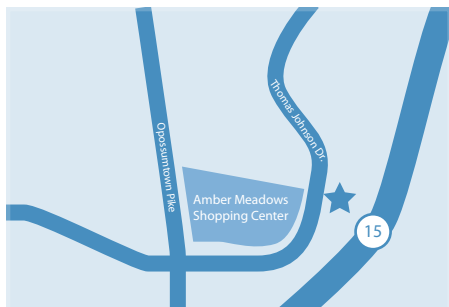
## FOR YOUR APPOINTMENT

- Complete a new patient packet (can be mailed to you from our office or downloaded from our website)
- Complete a sleep questionnaire if being seen for a sleep-related condition (can also be mailed or downloaded)
  - Locate all relevant medical and surgical records
  - Prepare a diary of your symptoms
  - Obtain actual MRI films (if applicable)
- Bring your insurance card(s) and insurance referral (if required by your plan)
  - Bring photo identification

## DIRECTIONS

### FREDERICK OFFICE

Ambers Professional Center  
172 Thomas Johnson Drive, Suite 100  
Frederick, MD 21702  
Office: 301-694-0900 Fax: 301-694-0657



#### **From 15 North:**

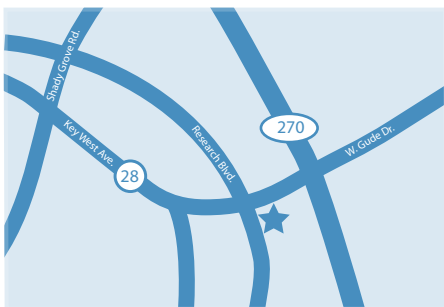
Take exit 16 - Motter Ave. Turn right onto Motter Ave/ Opossumtown Pike. Continue on Opossumtown Pike. Turn right onto Thomas Johnson Drive. Our office is on the right, in the last building in the Ambers Professional Center. Our office faces Route 15.

#### **From 15 South:**

Take exit 16 - Motter Ave. Turn left onto Opossumtown Pike. Turn right onto Thomas Johnson Drive. Our office is on the right, in the last building in the Ambers Professional Center. Our office faces Route 15.

### ROCKVILLE OFFICE *(sleep patients only)*

CNSM at the Greater Washington Sleep Disorders Center  
1901 Research Boulevard, Suite 160  
Rockville, MD 20850  
Office: 301-294-5509 Fax: 301-694-0657



#### **From Frederick, MD & Points North:**

Take I-270 south to exit 8 - Shady Grove Rd. Turn right on Shady Grove Rd (or follow the "H" sign for the hospital). Turn left onto Research Blvd and proceed until you get to W. Gude Drive. At the intersection, you will see Columbia Bank on the left side. Cross W. Gude Drive, and as soon as you are passing the bank, make an immediate left turn into the 1st driveway (as if you are going into the bank). Follow around to Building 1901.

#### **From Northern Virginia and Points South:**

From I-495, take 1-270 north toward Rockville/Frederick. Take exit 6B - Darnestown Rd/ MD-28W. Merge onto West Montgomery Ave. Turn right onto Research Blvd. Drive for approximately 1/8 mile and you will see a large burgundy sign that reads "1901 Research Blvd / Research Café." Turn right into the driveway in front/next to the sign (as if you are going into Columbia Bank) and follow around to Building 1901.

Visit our website at  
[www.MyNeurologyPractice.com](http://www.MyNeurologyPractice.com)  
for the following :

- Appointment requests
- Door-to-door driving directions
- Info on the conditions we treat & diagnostic testing
  - Download office forms
- Access educational materials and a health library